

Turning Dreamers Into Health Professionals: Strategies for Getting into Health Professional School

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Agenda

- Introduction
- The 5 “P”s
 - Purpose
 - Passion
 - **Preparation**
 - Presentation
 - Perseverance
- Mentoring in Medicine, Inc. ®

Introduction

- Howard University
- Temple University School of Medicine
- Residency in Emergency Medicine, Jacobi
- Attending Physician at Montefiore Medical Center
- Associate Professor at the Albert Einstein College of Medicine
 - Teach, Introduction to Physical Diagnosis, 3 years
 - Admissions Committee, 12 years
 - Clinical Exposure and Mentoring Program, 8 years
 - Research, Pain Management, 2 years
 - Assistant and Associate Residency Director-Emergency, 10 years
- Co-Founder and President, Mentoring in Medicine, Inc.

Purpose



Purpose

http://explorehealthcareers.org/en/getting_started/is_a_health_career_right

- Will this profession bring you joy?
- Do you like to deal with people?
- Are you comfortable with science?
- Do you like to read? Are you prepared to keep up with developments in your field?
- Are you comfortable in a health care setting?
- Are you a team player?
- What lifestyle do you envision?



Find the Career of Your Choice

- www.ExploreHealthCareers.org
- <http://www.ama-assn.org/ama/pub/education-careers/careers-health-care/directory.page>
- http://www.careerinfonet.org/videos/COS_videos_by_cluster.asp?id=27&nodeid=28&cluster=8

www.ExploreHealthCareers.org

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Explore HEALTH Careers.org


Do something that matters. For yourself. For others.

Career Explorer

Everything you want to know about a wide variety of health careers.

- Allied Health Professions ▶
- Arts & Humanities in Health ▶
- Chiropractic Medicine ▶
- Complementary & Alternative Medicine ▶
- Dentistry ▶
- Environmental Health ▶
- Forensic Science ▶
- Gerontology ▶
- Health Administration/Management ▶
- Informatics ▶
- Medicine ▶
- Mental Health ▶
- Nursing ▶
- Nutrition/Dietetics ▶
- Occupational Therapy ▶
- Optometry ▶
- Pharmacy ▶
- Physical Therapy ▶
- Radiologic Technology ▶

FROM OUR BLOG

Partnership for Healthy Mouths Healthy Lives

▶ More...

Questions to Ask Before Making a Financial Investment in Your Health Sciences Education

Can you afford a college education? How much will you have to borrow to attend school? Will you be able to pay back your loans after you graduate? Have you thought about how much you will earn after you obtain your degree? ExploreHealthCareers provides 4 questions you should ask before making a financial investment.

ADEA Announces Dental School Virtual Fair

The Impact of Private Loans on Choice of

4 of the top 10 fastest growing careers are in health care...


Your questions answered!

- ▶ Is a health career right for me?
- ▶ How much can I make and how long would I have to study?

"Be the change you want to see in the world."
...Do you want to help change the world of healthcare?

- ▶ Learn more about some of our society's most pressing healthcare issues, in Health Policy Topics and Diversity Matters.
- ▶ Find out how to put the "caring" back in healthcare, in Humanism in Healthcare. Then take

CAREER SPOTLIGHT



Physician (M.D.)

Physicians examine patients, obtain medical histories, and order, perform and interpret diagnostic tests.

Salary: \$150,000 - \$300,000

Years in school: 10 - 15 (after high school graduation)

Job outlook: Excellent

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Example from the AMA Health Careers Directory-Allied Health

- Anesthesiologist assistant
- Anesthesia technologist/technician
- Athletic trainer
- Cardiovascular technologist
- Electroneurodiagnostic technologist
- Emergency medical technician-paramedic
- Exercise science (personal fitness trainer, exercise physiologist, and exercise science professional)
- Lactation consultant
- Medical assistant
- Medical illustrator
- Perfusionist
- Respiratory therapist
- Surgical assistant
- Surgical technologist

Career Example-

- **Cardiovascular Technologist and Sonographer**
- The certified cardiovascular technologist and sonographer perform diagnostic examinations and/or therapeutic interventions of the heart and/or blood vessels at the request or direction of a physician in one or more of the following concentrations:
 - • Invasive cardiovascular technology—cardiac catheterization
 - • Adult echocardiography
 - • Pediatric echocardiography
 - • Noninvasive vascular study—vascular ultrasound
 - • Cardiac electrophysiology

Passion



Pathway to Health Professional School

Example-Medical School

- High School (4 years)
- College (4 years) +/- Post-baccalaureate
 - MCAT
- Medical School (4 years)
 - National Board Exam Part 1
 - National Board Exam Part 2
- Residency (3-8+ years)
 - 1st year National Board Exam Part 3
 - Specialty Certification Exam—Written and Oral
- Fellowship (1-3+ years)
 - Subspecialty Certification Exam-Written
- Practicing Physician
 - Recertification Examination every 10 years

Preparation



Preparation

- Commitment
 - Academic
 - Good Grades
 - Good Standardized Entrance Exam Scores
 - Activities
 - Leadership Qualities
 - Community Service
 - Volunteering
 - Shadowing
 - Research

Presentation



Presentation

- Written
 - Correspondence (Letters, E-mails)
 - Application
 - Recommendations
- Verbal
 - Telephone
- Appearance
 - Interview
 - Visual cues
 - Articulation
 - Knowledge of Medicine
- Cyberspace!

Perseverance



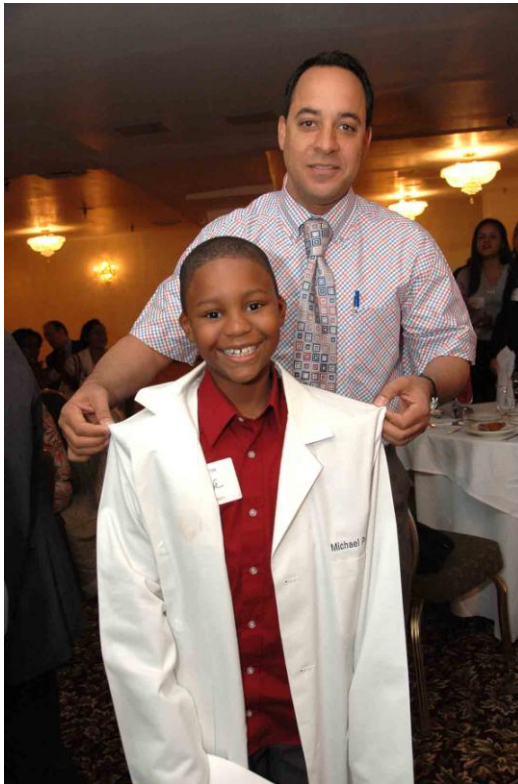
Helpful Strategies to Gain Admission into Health Professional School

- Know your purpose.
- Do your research.
- Be PASSIONATE!
- Be prepared!
- Present yourself well.
- Go with the flow and ride the tide.

Emergency Department Clinical Exposure and Mentoring Program

- Activities in busy urban setting
 - Volunteer
 - Shadow
 - Research
 - Community Service
- Individual strategic planning and mentoring session
- Contact Ms. Joanne Perrine, Coordinator
 - jperrine@montefiore.org
 - (718)-920-6626

Mentoring in Medicine, Inc.



How to Reach Us-

Join www.medicalmentor.ning.com
today!

Questions?

mimwebtv@gmail.com

